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**RE: “Aquaepps® ADVANCED Paediatric Aquatic Therapy for Therapy Assistants, Technical Instructors, Teachers and Teaching Assistants”**

**Date:**Tuesday 24th-Wednesday 25th September 2019

**Venue:** The Avenue School Special Educational Needs Academy, Reading, RG30 4BZ

**Cost of training:** £310.00 (includes CPD certificate)

**Refreshments and lunch:** Participants can purchase their own refreshments and lunch at the school hub.

**Places:** 10

**Allocation: First come first served basis upon receipt of payment, no exceptions.**

**Who is the course aimed at:** Physiotherapy assistants, technicians, instructors, teachers, carers, LSA’s, SSA’s, PDA’s and other staff who regularly support children with physical impairments and neurological dysfunction in pools.

**Eligibility:**

* Applicants must have completed one of the Aquaepps® courses ‘handling children with disabilities in water’, or ‘aquatic therapy for assistants’. No other courses will be considered.
* An up to date enhanced DBS Certificate and photo ID (as you will be supporting children in the pool).
* Prepared to be in the pool for more than 4 hours each day.

**Course Aims:** To enhance and build upon current theoretical knowledge, analysis & skills gained from the basic Aquaepps® assistants paediatric courses using Aquaepps®, neurodevelopmental and movement techniques. A largely practical course working directly with children in the pool, evaluating session plans and with the opportunity for video analysis of participants children/students and those of Dr Epps.

If you would like to attend this course please return the application form and payment for £310.00 by cheque, made payable to “Aquaepps” to the above address or email to request an invoice for payment via BACS.

**If you apply and pay for this course, but then need to cancel for any reason we can only accept a replacement that meets our eligibility criteria. If you cannot provide a replacement we will readvertise your place/offer it to those on our waiting list. If successful and once we have received payment from them we will refund your payment (minus a 15% administration charge). NB: If we are unable to fill your place we will not be able to offer a refund due to the small number of places, which enables intensive and focused teaching for all applicants.**

***Provisional Programme***

***24th September 2019***

09.00 Registration/Welcome/LO

09.15 – 10.15 Refresher and interactive session - Physical properties of water and application of Aquaepps® techniques combined with approaches to communication, sensory dysfunction and motor impairment

10.15 – 10.45 Break and change

10.45 – 13.00 Refresher and advancement of techniques

 POOL session – Hydrostatic and hydrodynamic principles

Applied alongside Aquaepps® techniques

13.00 – 13.45 LUNCH

14.00 – 15.00 POOL Sessions with children

15.00 – 16.00 POOL Consolidation from previous session and advancement of techniques

***25th September 2019***

09.00 – 09.30 Q and A and discussion around learning points from pool sessions with children on previous day

09.30 – 11.30 POOL sessions with children

11.30 – 12.45 Break and Analysis of video’s/discussion around learning points from pool sessions with children

12.45 – 13.30 LUNCH and Change

13.30 – 15.30 POOL sessions with children/consolidation of techniques

15.30 - 16.00 Reflection on training and discussion around learning points from pool sessions with children

**Application Form Tuesday 24th-Wednesday 25th September 2019**

**“Aquaepps® ADVANCED Paediatric Aquatic Therapy for Therapy Assistants, Technical Instructors, Teachers and Teaching Assistants”**

Name:

Job Title:

Copy of Enhanced DBS enclosed - Yes /No

Title of Aquaepps course previously attended:

Date of Aquaepps course previously attended:

Work Address:

Address for correspondence (if different from above):

Telephone Number: Home

 Work

E mail address:

Main conditions of the children you support in the pool

Level of cognitive ability of the children you support in the pool:

Level of mobility and physical impairment of the children you support in the pool;

Do you support children on a 1:1/ 2:1 or group basis

Do you deliver programmes devised by a physiotherapist or do you produce your own LO and session/lesson plans? Please continue overleaf.

What are you hoping to gain from the course? Please continue overleaf.

Have you watched the Aquaepps Aquatic Therapy DVDs? Yes/No

NOTE- We would like to keep your information on our secure database to inform you of any future courses that might be of interest to you. Your contact information will only be used by Aquaepps for information specific to Aquatic Therapy, we would never pass your information to any third party.

 If you are happy for your details to be stored please tick here

Please return this form with a cheque payable to “Aquaepps” for £310.00 or request an invoice or BACS details by e-mailing info@aquaepps.co.uk

Payment by Paypal incurs an £8.00 administration charge.

Address for correspondence

Aquaepps, 24 Croft Avenue, Dorking, Surrey RH4 1LN.

Office Use Only

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| --- | --- | --- | --- | --- |
| Date Recieved | Place | Invoice Date | Paid | Reciept |
|  |  |  |  |  |



**Consent and Safety for Participants of a Course in Aquatic Therapy**

**Please read this statement carefully. It has been written to ensure that:**

1. All course participants are aware of the risk of injury at the pool
2. Precautions are taken to avoid accidents or injury during the course

# **Physical activity during the course**

### **Aquatic therapy advanced training courses are predominantly practical. As such all participants will be involved with physical activities and supporting children in the pool. The programme involves working in the pool for up to, or even in excess of 4 hours each day. However, you may find the practical work physically tiring and can therefore opt to watch poolside at any time during the course.**

## By enrolling on the course Dr Epps assumes you are physically fit enough to join in all the activities safely.

**Manual handling risks**

Course participants will be extensively involved in practising supporting techniques on each other and with children in the water. Everyone should be made aware that manual handling is one of the most common causes of strain, joint, neck and back pain but with effective training and safety awareness the risks involved can be eliminated or reduced.

Course participants should minimise the risk of injury during manual handling activities by observing the following precautions:

* Using only correct supporting techniques as demonstrated by Dr Epps.
* Always maintain a good posture.
* Do not continue to support if it becomes a strain.
* If unsure at any time always ask Dr Epps for help

**Applicants with the following conditions should not take part in this course:**

* Heart conditions
* Recent acute illness
* Diarrhoea and Vomiting
* Pregnancy (Only if the water temperature exceeds 35 degrees celsius)
* Chlorine allergy

**Other potential hazards and risk factors**

* All wet floor surfaces near the pool are usually very slippery. This includes showers, changing rooms and toilets. Walk carefully and also take care not to slip whilst entering and exiting the pool.
* All jewellery, necklaces, watches, earrings etc. should be removed before entering the water in case these are the cause of abrasions.
* As in all cases, health and safety is a shared responsibility between Dr Epps and course participants.
* Please inform the Dr Epps of any medical conditions or musculoskeletal complaints that might affect your participation, e.g. epilepsy or diabetes
* If you wear contact lenses, you may wish to wear daily disposables, glasses, or goggles.